



Live Zoom Webinars and Online Programs for Mental Health Professionals

Live Zoom Webinars 9 a.m. - 12 p.m. | Online Asynchronous Programs
Live Zoom Webinar for Play Therapy Academy (Program 4 - 6 p.m.)

Register online at www.oakton.edu/cehp.

FALL 2021

Returning to Work in Person Post COVID: Strategies for Social Workers

Live Zoom Webinar: Friday, September 10, 9 a.m. - 12 p.m.
Fee: \$99, 3.0 CE hours

Approaches to Self-Care for Mental Health Clinicians: What Can we Learn From Each Other?

Live Zoom Webinar: Friday, September 17, 9 a.m. - 12 p.m.
Fee: \$99, 3.0 CE hours

Early Recollections as a Projective Technique

Live Zoom Webinar: Friday, September 24, 9 a.m. - 12 p.m.
Fee: \$99, 3.0 CE hours

Good Grief: Helping Clients Cope with Loss

Live Zoom Webinar: Wednesday, October 6, 9 a.m. - 12 p.m.
Fee: \$99, 3.0 CE hours

Understanding Culture Through Film

Five-week Online Asynchronous Course:
October 11 - November 14, 9 a.m. - 12 p.m.
Fee: \$139, 15.0 CE hours

Understanding and Working with Adverse Childhood Experiences (ACES)

Live Zoom Webinar: Friday, October 15, 9 a.m. - 12 p.m.
Fee: \$99, 3.0 CE hours

Building Social-Emotional Learning Skills through Directive Play Therapy

Live Zoom Webinar: Tuesdays, November 2, 9, 16, 4-6 p.m.
Fee: \$199, 6.25 CE hours

Managing Depression: Raising Energy, Improving Cognition

Live Zoom Webinar: Wednesday, November 3, 9 a.m. - 12 p.m.
Fee: \$99, 3.0 CE hours

Ethical Consideration with LGBTQ+ Clients

Live Zoom Webinar: Friday, November 12, 9 a.m. - 12 p.m.
Fee: \$99, 3.0 CE hours

Sexual Harassment Prevention

Live Zoom Webinar: Wednesday, November 17, 9 a.m. - 12 p.m.
Fee: \$99, 3.0 CE hours

Returning to Work In Person Post COVID: Strategies For Social Workers

Friday, September 10, 9 a.m. - 12 p.m.

As the state of Illinois and the country move forward following the COVID pandemic in reopening the economy and expanding vaccinations to many Americans, what does this mean for social work? From private practice to not-for-profit organizations, key questions and plans need to be in place before resuming in-person services. Examine different guideline questions regarding personal safety, requiring (or not requiring) employees to be vaccinated, integrating hybrid arrangements including a blend of telehealth. Feedback will be solicited from participants' personal work experience.

Joel L. Rubin, MSW, ACSW, CAE

HUH B30 [CRN 60082]

Approaches to Self-Care for Mental Health Clinicians: What Can We Learn From Each Other? Ann Raney, LCSW

Friday, September 17, 9 a.m. - 12 p.m.

HME B11 [CRN 60090]

This webinar features elements drawn from relational approaches to psychotherapy that regard the clinician's experience and self-reflections as crucial components of understanding and caring for ourselves in therapy settings. Drawing on theory, practice and our therapy experiences, we look for opportunities that remind us about the importance of bringing a perspective of self-care to our work for both ourselves and our clients. Some important work from Patrick Casement, Karen Maroda and Donald Winnicott is considered, as well as contemporary references and clinicians' experiences.

Early Recollections as a Projective Technique

Michael Maniacci, PsyD

Friday, September 2, 9 a.m. - 12 p.m.

HMH B96 [CRN 60079]

Early recollections are perhaps the best projective techniques ever developed. Reviews the history of early recollections and methods for interpreting their meanings in counseling and clinical settings. Learn to differentiate between “reports” from “early recollections” as well as identify four key components needed to qualify the early recollections as protectively valid. Application of two interpretative strategies is discussed. **Illinois ICDVP credit is not available for this webinar.**

Good Grief: Helping Clients Cope with Loss

Mark Sanders, LCSW, CADC

Wednesday, October 6, 9 a.m. - 12 p.m.

HME B12 [CRN 60076]

Dealing with loss can be debilitating. Prepare to help clients cope with the wide range of losses they experience, including: the loss that accompanies giving up alcohol and other drugs; losses due to mental illness; death of a parent, child, or sibling; ambivalent losses; unspeakable losses; unacknowledged losses; parental abandonment; the end of an addictive or toxic relationship; loss of the peer group; “not making the cut”; loss of dreams; loss caused by COVID-19; complicated grief; loss of employment and betrayal. Additional topics discussed are: the sixth state of grief; helping clients find meaning in loss; fifteen strategies for helping clients cope with loss; traditional and non-traditional approaches to dealing with loss; and the termination phase of counseling as grief work.

Understanding Culture through Film

Cheri Sinnott Springer, LCSW

October 11 - November 14, 9 a.m. - 12 p.m.

HMH A96 [CRN 60086]

Examine the films within a cultural framework to enhance awareness and knowledge of other cultures—two essential components of cultural competence. Watch the films *Crash*, *The Joy Luck Club*, *Bend it Like Beckham*, and *Real Women Have Curves*. This is an online course which is accessed through D2L.oakton.edu. Watch films independently and then participate in an asynchronous online discussion board. **Course satisfies IDFPF cultural competence requirement.**

Understanding and Working with Adverse Childhood Experiences (ACES)

Gary Gilles, MA, LCPC

Friday, October 15, 9 a.m. - 12 p.m.

HME B40 [CRN 60077]

Adverse childhood experiences (ACEs), are potentially traumatic events that occur in childhood (0-17 years). These events have been strongly linked to developmental delays, behavior problems and educational challenges in childhood and chronic health problems, mental illness, and substance misuse in adulthood. Explore how adverse childhood experiences disrupt the adult-child attachment process and go on to create a host of other challenges. Attention is given to discussing trauma-informed strategies in working with children and clinical interventions with adults.

Building Social-Emotional Learning Skills through Directive Play Therapy

Veronica Vyazovsky, MA, LCPC, RPT-S

Tuesdays, November 2, 9, and 16, 4 - 6 p.m.

HTH A64 [CRN 60225]

Thinking about how to increase social-emotional skills for all students? This virtual course with weekly live meetings may increase social-emotional literacy skills in children of all ages through the combination of children’s books and play-based interventions. Learn to create play therapy treatment plans that involve the therapist, teacher, and parent as a team and how to document and track progress over the course of treatment. Learn practical ways to overcome resistance of play therapy in the school setting and how to build alliances with teachers and administrators to implement play-based bibliotherapy programs.

Managing Depression: Raising Energy, Improving Cognition

Margaret Wehrenberg, PsyD

Wednesday, November 3, 9 a.m. - 12 p.m.

HME B85 [CRN 60078]

Depression typically contains elements of lethargy and ruminative cognitions that stem from different underlying causes: neuro-biology alone, situational stressors, trauma, or aversive childhood experiences. Most people seek treatment when they feel unable to meet life’s demands for energy at home or work. Focus on techniques that work well in our telehealth world, planning immediate depression interventions that lift the energy or turn the cognitions toward more positive thoughts and actions. Learn pragmatic methods that allow your clients to become more productive and create new, more positive cognitions, tapping the power of neural networks to break the hold of depressive cognitions.

Ethical Considerations with LGBTQ+ Clients

Ruth Lipschutz, LCSW

Friday, November 12, 9 a.m. - 12 p.m.

HUH B09 [CRN 60084]

Working with LGBTQ+ clients and their families requires social workers to be aware of multiple ethical codes and cultural competency standards. Practitioners address issues around homophobia, transphobia, gender discrimination, religious or spiritual beliefs, and sexuality in themselves, society, and their clients. Applicable codes and cultural competence standards, definitions of gender, gender identity, sex and sexuality, language use considerations, transition stages, confidentiality boundaries and steps for resolving ethical dilemmas are covered. **This webinar satisfies the IDFPF ethics requirement for social workers and psychologists.**

Sexual Harassment Prevention

Claire Openshaw, PhD, LCPC

Wednesday, November 17, 9 a.m. - 12 p.m.

HPH B12 [CRN 60080]

Sexual harassment is a significant issue in our culture that has far-reaching impact on individuals as well as workplace culture. In 2019, the Illinois General Assembly took the bold step to amend the Illinois Administrative Code Section 1130 to require that effective January 1, 2020, all licensed professionals complete a course in sexual harassment training as a condition for licensure renewal. This webinar prepares mental health professionals licensed in the state of Illinois to ensure that our workplaces are safe and free of harassment. Responsibilities of those in leadership roles within an agency or group practice, as well as those in independent practice in preventing sexual harassment of all team members are addressed. Gain the knowledge and skills to help clients know their rights and how they can advocate for themselves. **Course satisfies IDFPR sexual harassment prevention requirement. Illinois ICDVP credit is not available for this webinar.**

Webinars are via Zoom. Within 24 hours of the webinar date, participants will receive a confirmation and a link to the Zoom webinar. Internet access and an email address is required for live webinars and asynchronous programs.

3.0 or 6.25 Continuing Education clock/contact hours for each live webinar will be offered for Illinois social workers, professional counselors, marriage and family therapists, psychologists, nursing home administrators, addictions counselors, ICB Members (pending approval), ICDVP Members, occupational therapists, speech and language pathologists/audiologists, nurses, dietitians, and teachers PDs. CE hours for Universal Training hours (UTH) will be offered to other professional groups.

15.0 CE hours will be offered for Understanding Culture through Film.

If attending the webinar outside of the state of Illinois, contact your state licensing board to determine your continuing education requirements and check for reciprocal approval.

REGISTRATION The attached registration form can be printed for mailing or faxing. **If registering online, registration must be received at least 24 hours prior to course start date. If registering by mail or fax, registration must be received at least 72 hours prior to course start date. Online registration is highly recommended.** Submit one registration form with full payment for each participant.

A \$3 technology fee will be added per class. Students who register online will not be charged any additional processing fees. However, those registering in person, by mail, or by fax will be charged an additional \$9 administrative fee with each registration form.

Online: Register and pay, add or drop classes, view your class schedule, or receive your account summary. Register at www.oakton.edu/conted.

By Mail: Send completed registration form with payment to Alliance for Lifelong Learning, P.O. Box 367, Skokie, IL 60077.

Pay by check (payable to Oakton Community College) or credit card (MasterCard, Visa, or Discover) and include credit card number, expiration date, three-digit verification code (found on back of credit card), and signature. An additional \$9 administrative fee applies.

By Fax: Fax completed registration form to 847.635.1448 (include credit card number, expiration date, three-digit verification code (found on the back of card), and signature). An additional \$9 administrative fee applies.

In Person: An additional \$9 administrative fee applies. For more information, call 847.982.9888 Monday-Thursday, 8:30 a.m.-7 p.m.; Friday, 8:30 a.m.-5 p.m. or email us at continuingeducation@oakton.edu.

NOTE: When providing a check as payment, you authorize the Alliance for Lifelong Learning either to use information from your check to make a one-time electronic fund transfer from your account or to process the payment as a check transaction. A \$25 fee is applied if the check is returned by the bank.

Cancellation/Refunds: Course fees are refunded if notification is received at least 48 hours prior to the start date. A \$15 fee is charged for cancellations.



Alliance for Lifelong Learning Continuing Education for Health Professionals
For more information, email cehp@oakton.edu, or call 847.635.1438.

Registration Form – Alliance for Lifelong Learning (ALL) Continuing Education, Training, and Workforce Development



Four ways to register: **1. Online** - oakton.edu/conted **2. Mail** - Alliance for Lifelong Learning, P.O. Box 367, Skokie, IL 60077
3. In Person - Skokie Campus, Room A120; Des Plaines Campus, Room 1170. **4. Fax** - 847.635.1448

PART A: Personal Information (All fields are required)

Student ID Number or SSN	Last Name	First Name	Middle Initial
Street Address		City	State Zip
Home Phone	<input type="checkbox"/> Cell or <input type="checkbox"/> Business Phone	Preferred Email	Date of Birth Gender <input type="checkbox"/> Male <input type="checkbox"/> Female

PART B: Educational Information

Last high school attended (Name, city, state)	Are you a first generation college student? <input type="checkbox"/> Yes <input type="checkbox"/> No
Check one box that best describes your high school status: <input type="checkbox"/> High school graduate or expected date of graduation: _____ <input type="checkbox"/> Passed G.E.D test in _____ (year) <input type="checkbox"/> No longer attending high school and do not intend to return	Most credits or highest degree previously earned: <input type="checkbox"/> Some credits <input type="checkbox"/> Certificate <input type="checkbox"/> Associate degree <input type="checkbox"/> Bachelor's degree <input type="checkbox"/> Master's degree <input type="checkbox"/> Doctoral degree <input type="checkbox"/> CEHP Profession/License No. _____

PART C: Demographic Information (This information is requested solely to comply with Federal laws)

1. Are you Hispanic or Latino? (OR Are you of Spanish origin?) Yes Hispanic or Latino. Not Hispanic or Latino.

2. Are you from *one or more* of the following racial groups? (Select all that apply). American Indian or Alaska Native Asian
 Black or African American Native Hawaiian or Other Pacific Islander White Choose Not to Respond

3. Please identify your primary racial/ethnic group. (Select one). American Indian or Alaska Native Asian Black or African American
 Hispanic or Latino Native Hawaiian or Other Pacific Islander White Choose Not to Respond

4. Are you in the United States on a Visa – Nonresident Alien?
 Yes in the United States on a Visa. Not in the United States on a Visa. Provide Home Country of Origin: _____

PART D: Course Information

Fall Spring Summer Year: _____

To register for more classes than space allows, please submit another registration form with Part D completed.

CRN	Course Code	Course Title	Location	Start Date	Day/Time	Tuition
						+\$3*
						+\$3*
						+\$3*
						+\$3*

Full Payment is due at the time of registration. Check the Tuition and Fees page in this schedule for refund policy.

Method of payment: Cash Check No. _____ (payable to Oakton Community College)
 Visa MasterCard Discover

Subtotal	
Administrative fee	\$9.00**
Total due	

Credit Card Number _____
Exp. Date ____/____/____ Three-Digit Verification Code (on back of card) _____
Cardholder Name (print) _____
Cardholder Signature _____

Confirmation will be sent to the email on file.

OFFICE USE ONLY	Site	Date	Initials
Registration Received:	_____	_____	_____
Registration Processed:	_____	_____	_____
Payment Processed:	_____	_____	_____
Student Status:	<input type="checkbox"/> New	<input type="checkbox"/> Readmit	<input type="checkbox"/> Hold
Update:	<input type="checkbox"/> Name	<input type="checkbox"/> Address	<input type="checkbox"/> Phone <input type="checkbox"/> Email
Senior Status:	<input type="checkbox"/> Prior to 7/7/14	<input type="checkbox"/> After 7/7/14	

*Effective with the Spring 2021 semester, a \$3 technology fee will be added per class. Students who register online will not be charged any additional fees.

**Those registering in person, by mail, or by fax will be charged an additional \$9 administrative fee with each registration form. Fees are non-refundable.