

Mental Health Professionals Programs

In Person and Live Webinars 9 a.m. - 12 p.m. | Online Asynchronous Program

Register online at www.oakton.edu/cehp

FALL 2022

Understanding Culture Through Film

Live Zoom Webinar: October 18 to November 21

Fee: \$139, 15.0 CE hours

The Use of Emotions in Counseling and Psychotherapy

In person, Room 1607, Des Plaines campus:

Friday, September 23, 9 a.m. -12 p.m.

Fee: \$99, 3.0 CE hours

Risk Management Practices: Harm to Self and Others

Live Zoom Webinar: Friday, October 7, 9 a.m. -12 p.m.

Fee: \$99, 3.0 CE hours

Eating Disorders 101

Live Zoom Webinar: Friday, October 14, 9 a.m. - 12 p.m.

Fee: \$99, 3.0 CE hours

Strategies for Strengthening and Diversifying the Social Work Workforce and Its Pipeline in Illinois

Live Zoom Webinar: Friday, October 28, 9 a.m. -12 p.m.

Fee: \$99, 3.0 CE hours

OCD Subtypes: Recognition and Treatment Options

Live Zoom Webinar: Friday, November 4, 9 a.m. - 12 p.m.

Fee: \$99, 3.0 CE hours

Sexual Harassment Prevention Training

Live Zoom Webinar: Friday, November 18, 9 a.m. - 12 p.m.

Fee: \$99, 3.0 CE hours

Money Matters: Personal Finance and the Overlap with Clinical Work

Live Zoom Webinar: Friday, December 2, 9 a.m. - 12 p.m.

Fee: \$99, 3.0 CE hours

Understanding Culture Through Film

Live Zoom Webinar: October 18 to November 21

This course will utilize film as a means to increased understanding of individuals with disabilities. By examining the films within a cultural competence framework, participants will enhance Awareness of and Knowledge of individuals with disabilities, two essential components of Cultural Competence. Participants will watch the films *Crip Camp* (Physical Disability), *The Peanut Butter Falcon* (Down Syndrome), *Radio* (Intellectual Disability), *CODA* (Deaf), and a personal choice selection. **This class satisfies the IDFPR cultural competence requirement and is eligible for 15 clock hours of continuing education.**

Cheri Sinnott Springer, LCSW

HMH A96 [CRN 60450]

The Use of Emotions in Counseling and Psychotherapy

In person, Room 1607, Des Plaines campus: Friday, September 23, 9 a.m. - 12 p.m.

Emotions have long been understood and misunderstood in the counseling and clinical fields. The workshop will explore what emotions are and how to effectively work with them in clinical practice. The various purposes of common emotions such as anxiety and anger will be addressed, as will how to change them.

Michael Maniaci, PsyD

HME B25 [CRN 60456]

Risk Management Practices: Harm to Self and Others

Live Zoom Webinar: Friday, October 7, 9 a.m. - 12 p.m.

The focus of this program is on suicide and threat assessment and clinical best practices for these at-risk clients. Risk profiles will be examined considering inoculating factors, risk factors, means access and the nature of specific pathologies. Consideration of demographics, diversity matters, as well as clinical and secular trends will be discussed. Additional topics include: risk management practices, standards of care, pertinent law and ethical responsibility as applicable to individually practicing clinicians as well as mental health professionals who work on Threat Assessment Teams.

Mark Kiel, PsyD

HPH B13 [CRN 60478]

Eating Disorders 101

Live Zoom Webinar: Friday, October 14, 9 a.m. - 12 p.m.

Eating disorders are mental illnesses that are notoriously difficult to treat. The intersection of emotional and physical symptomology presents a unique challenge for even the most experienced clinician. This workshop will provide participants with current diagnostic criteria, research findings from evidence based treatments, culturally inclusive treatment methods, and information on effectively matching levels of care to the degree of patients' psychological and medical severity. Clinicians will learn how to best help clients engage with the recovery process in order to make sustainable change. Through the use of didactic and experiential modalities as well as small group work, participants will leave this workshop more confident in their skills to help individuals who suffer from these complex disorders. Note: this workshop is designed for clinicians newer to eating disorders, not the experienced eating disorder clinician.

Jancey Wickstrom, LCSW

HTH B61 [CRN 60457]

Strategies for Strengthening and Diversifying the Social Work Workforce and Its Pipeline in Illinois

Live Zoom Webinar: Friday, October 28, 9 a.m. - 12 p.m.

Understanding of social work workforce shortage practice areas. Increased awareness of barriers to entry and advancement in the social work profession by underrepresented communities. Identification of strategies to diversify the workforce pipeline to the social work profession.

Joel L. Rubin, MSW, ACSW, CAE

HPH B01 [CRN 60452]

OCD Subtypes: Recognition and Treatment Options

Live Zoom Webinar: Friday, November 4, 9 a.m. - 12 p.m.

OCD is considered by the World Health Organization as one of the top ten most disabling conditions. This is baffling to many people who think OCD is just washing your hands or straightening things out, but OCD is so much more. OCD can take on themes of harm, religion, or even pedophilic fears. This talk will help you to recognize the presence of OCD and the presence of the safety-seeking behaviors that people with OCD do to try to feel better but actually lead them to get more stuck in the OCD.

Patrick McGrath, PsyD

HPH B07 [CRN 60449]

Sexual Harassment Prevention Training

Live Zoom Webinar: Friday, November 18, 9 a.m. - 12 p.m.

The U.S Equal Employment Opportunity Commission report that they have received over 12,000 charges of sex-based harassment allegations every year since 2010. This highlights a significant issue in workplace culture. In order to address this in Illinois, it was signed into law that all employers are required to train their employees on sexual harassment. This training will define sexual harassment, examine the different forms, and discuss the options available to those who experience it.

Claire Openshaw, LCPC

HPH B12 [CRN 60469]

Money Matters: Personal Finance and the Overlap with Clinical Work

Live Zoom Webinar: Friday, December 2, 9 a.m. - 12 p.m.

Money is a taboo topic in today's society, making it difficult to discuss even in a therapeutic setting. In this session, participants will explore the challenges and benefits of discussing matters of personal finances and the related emotions for their clients. Learn basic approaches to help empower clients to take a more intentional approach with their finances and seek necessary resources for additional skill building around money management. Participants will also reflect on their own reactions and experiences with money that may impact their confidence with supporting clients with these challenges.

Keith Morgan Dunham, LSCW

HME B64 [CRN 60477]

Webinars are via Zoom. Within 24 hours of the webinar date, participants will receive a confirmation and a link to the Zoom webinar. Internet access and an email address is required for live webinars and asynchronous programs.

3.0 Continuing Education clock/contact hours for each live webinar will be offered for Illinois Social Workers, Professional Counselors, Marriage and Family Therapists, Psychologists, Nursing Home Administrators, Addictions Counselors, ICB Members (pending approval), ICDVP Members (unless noted in program description), Occupational Therapists, Speech and Language Pathologists/Audiologists, Nurses, Dietitians, and Teachers PDs. CE hours for Universal Training hours (UTH) will be offered to other professional groups.

15.0 CE hours will be offered for Understanding LGBTQ Culture through Film.

If you are attending the webinar or course outside of the state of Illinois, contact your state licensing board to determine your continuing education requirements and check for reciprocal approval.

REGISTRATION The attached registration form can be printed for mailing or faxing. **If registering online, registration must be received at least 24 hours prior to course start date. If registering by mail or fax, registration must be received at least 72 hours prior to course start date. Online registration is highly recommended.** Submit one registration form with full payment for each participant.

A \$4 technology fee will be added per class. Students who register online will not be charged any additional processing fees. However, those registering in person, by mail, or by fax will be charged an additional \$12 administrative fee with each registration form.

Online: Register and pay, add or drop classes, view your class schedule, or receive your account summary. Register at www.oakton.edu/conted.

In Person: In person registration is available in Room A120 at the Skokie campus or in Room 1170 at the Des Plaines campus. Monday - Friday, 8:30 a.m. - 4:45 p.m.

By Mail: Send completed registration form with payment to Alliance for Lifelong Learning, P.O. Box 367, Skokie, IL 60077.

Pay by check (payable to Oakton Community College) or credit card (MasterCard, Visa, or Discover) and include credit card number, expiration date, three-digit verification code (found on the back of the credit card), and signature. An additional \$12 administrative fee applies.

By Fax: Fax completed registration form to 847.635.1448 (include credit card number, expiration date, three-digit verification code (found on the back of card), and signature). An additional \$12 administrative fee applies.

NOTE: When providing a check as payment, you authorize the Alliance for Lifelong Learning either to use information from your check to make a one-time electronic fund transfer from your account or to process the payment as a check transaction. A \$25 fee is applied if the check is returned by the bank.

Cancellation/Refunds: Course fees are refunded if notification is received at least 48 hours prior to the start date. A \$15 fee is charged for cancellations.



Alliance for Lifelong Learning Continuing Education for Health Professionals
For more information, email cehp@oakton.edu, or call 847.982.9888.

Registration Form – Alliance for Lifelong Learning (ALL) Continuing Education, Training, and Workforce Development



Four ways to register: **1. Online** - oakton.edu/conted **2. Mail** - Alliance for Lifelong Learning, P.O. Box 367, Skokie, IL 60077
3. In Person - Room A120 at the Skokie campus or Room 1170 at the Des Plaines campus **4. Fax** - 847.635.1448

PART A: Personal Information (All fields are required)

Student ID Number or SSN	Last Name	First Name	Middle Initial
Street Address		City	State Zip
Home Phone	<input type="checkbox"/> Cell or <input type="checkbox"/> Business Phone	Preferred Email	Date of Birth Gender <input type="checkbox"/> Male <input type="checkbox"/> Female

PART B: Educational Information

Last high school attended (Name, city, state)	Are you a first generation college student? <input type="checkbox"/> Yes <input type="checkbox"/> No
Check one box that best describes your high school status: <input type="checkbox"/> High school graduate or expected date of graduation: _____ <input type="checkbox"/> Passed G.E.D test in _____ (year) <input type="checkbox"/> No longer attending high school and do not intend to return	Most credits or highest degree previously earned: <input type="checkbox"/> Some credits <input type="checkbox"/> Certificate <input type="checkbox"/> Associate degree <input type="checkbox"/> Bachelor's degree <input type="checkbox"/> Master's degree <input type="checkbox"/> Doctoral degree <input type="checkbox"/> CEHP Profession/License No. _____

PART C: Demographic Information (This information is requested solely to comply with Federal laws)

1. Are you Hispanic or Latino? (OR Are you of Spanish origin?) Yes Hispanic or Latino. Not Hispanic or Latino.

2. Are you from *one or more* of the following racial groups? (Select all that apply). American Indian or Alaska Native Asian
 Black or African American Native Hawaiian or Other Pacific Islander White Choose Not to Respond

3. Please identify your primary racial/ethnic group. (Select one). American Indian or Alaska Native Asian Black or African American
 Hispanic or Latino Native Hawaiian or Other Pacific Islander White Choose Not to Respond

4. Are you in the United States on a Visa – Nonresident Alien?
 Yes in the United States on a Visa. Not in the United States on a Visa. Provide Home Country of Origin: _____

PART D: Course Information

Fall Spring Summer Year: _____

To register for more classes than space allows, please submit another registration form with Part D completed.

CRN	Course Code	Course Title	Location	Start Date	Day/Time	Tuition
						+\$4*
						+\$4*
						+\$4*
						+\$4*

Full Payment is due at the time of registration. Check the Tuition and Fees page in this schedule for refund policy.

Method of payment: Cash Check No. _____ (payable to Oakton Community College)
 Visa MasterCard Discover

Subtotal	
Administrative fee	\$12.00**
Total due	

Credit Card Number _____
Exp. Date ____/____/____ Three-Digit Verification Code (on back of card) _____
Cardholder Name (print) _____
Cardholder Signature _____

Confirmation will be sent to the email on file.

OFFICE USE ONLY	Site	Date	Initials
Registration Received:	_____	_____	_____
Registration Processed:	_____	_____	_____
Payment Processed:	_____	_____	_____
Student Status:	<input type="checkbox"/> New <input type="checkbox"/> Readmit <input type="checkbox"/> Hold		
Update:	<input type="checkbox"/> Name <input type="checkbox"/> Address <input type="checkbox"/> Phone <input type="checkbox"/> Email		
Senior Status:	<input type="checkbox"/> Prior to 7/7/14 <input type="checkbox"/> After 7/7/14		

*Effective with the Fall 2022 semester, a \$4 technology fee will be added per class. Students who register online will not be charged any additional fees.

**Those registering in person, by mail, or by fax will be charged an additional \$12 administrative fee with each registration form. Fees are non-refundable.